

Voluntary Sector Health and Wellbeing Board Update March 2019

Voluntary sector reps continue to attend the Health and Wellbeing Board and associated steering groups. NCVS has recently reported back to the Healthy Culture Action Plan. One of our staff regularly attend the Mental Health and Wellbeing Steering Group, Physical Activity, Obesity and Diet Steering Group and JSNA Steering Group.

Building Health Partnerships

An action research project focusing on people aged 75+ leaving hospital with dementia will take place over the coming months. This work is a partnership between health, social care and the voluntary sector. It is facilitated by IVAR (Institute of Voluntary Action Research) and is due to conclude in July 2019.

Volunteer Opportunities

NCVS are still actively recruiting for Activity Buddies and Poolside Helpers. The aim of the Activity Buddy role is to accompany an individual with a disability or long term health condition to confidently access physical activities on offer in the city. To find out more contact volunteercentre@nottinghamcvcs.co.uk. This work support the Physical Activity, Obesity and Diet Steering Group and the overall strategy aims of the HWB.

VCS Networks

The March Vulnerable Adults Providers Network meeting will have a focus on Hidden Harm (adult safeguarding) specifically exploring social crisis vs medical crisis, cybercrime and fraud and NCC Carers Strategy. This is part of a week of in depth workshops exploring forms of Hidden Harm. More information can be found [here](#) about our Hidden Harm project which is funded by the Community Safety Fund. The March Children and Young People's Provider Network will also have a focus on hidden forms of harm specifically alcohol and substance misuse, sexual offending and Prevent (cybercrime). We will be setting the priorities for the 19-20 network year which will take account of the Health and Wellbeing Board priorities where network members feel this is a priority for them. The networks were previously funded by the CCG and NCC until March 2018.

The next Food Poverty Network meeting will take place on 1 April 2019 at NCVS.

The Leaders of Volunteers Network recent focus has been on the Nottingham Volunteer Strategy, with many of our members actively involved in the four working groups that are considering different aspects of the strategy; research and evaluation, a quality mark for Nottingham, barriers to volunteering and commissioning and policy. We are also in the early stages of planning and organising V:Expo, the first East Midlands Volunteer Management Conference which takes place on 27th June in the Albert Hall. Anyone with an interest in the wellbeing of volunteers will be welcome to book a place when tickets are available next week. For more details please contact davet@nottinghamcvcs.co.uk

The Disability Sport Network was established within NCVS in January 2017 as a key part of the Disability Sport and Insight Participation Project, it allows network members to access physical activity offers and opportunities and also any support made available through funding from this project. This is a Sport England funded project working in partnership with Nottingham City Council Sport and Leisure and it aims to learn from the journey of those with disabilities and long term health conditions in becoming physically active. It also aims to assist Nottingham to achieve its aspiration to become the leading City for disability sports participation in the UK.

The purpose of the network was to create a forum of a variety of disability focused services that could be consulted on matters to provide learning for this project. It currently has 52 members consisting of varying sizes of groups, organisations and services. The project is currently funded until May 2019. For further information about this project, please contact:
sport4all@nottinghamcvcs.co.uk

Integrated Care System (ICS) -Voluntary and Community Sector Engagement

NCVS continues to attend ICS meetings on behalf of the VCS and recently attended the newly formed ICS Partnership Forum. Wider discussions about how the voluntary sector engages with each level of the ICS (PCN, ICP and ICS) are continuing. The work NCVS undertook with Angela Probert is now complete. The recommendations will be implemented as part of NCVS' role in the City ICP. NCVS has developed stronger relationships with county CVS organisations and with NAVCA who have a national role for the VCS. Our next step is to build a narrative for working effectively with the voluntary sector.